



Secrets to Moon Magic & Manifestation, II

[Another Little book of big Cosmic secrets]
By Joe Mogul

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(another little book of big cosmic secrets)
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*Your spiritual adventure is a lifelong process.
Your highest reward is in your experience of
the journey. Each of us is here in this lifetime
both to learn and to teach. Choose your path
and enjoy your travels.*

Introduction

When something works really well, people say that "it works like magic". Well, this *is* magic, and by the time you have read and begun to apply these principles to your life, you are likely to be among those who say that nothing else works quite as well.

Moon magic is not the only kind of magic, but it is a very ancient and powerful form of magical work. Moon magic applies the principles of attraction in order to influence and benefit your life and the lives of those you touch with its gentle persuasion. Moon magic belongs to you. This is magic that is as natural as breathing and is always available for your use. *You* can employ the principles of Moon magic to *attract* people and opportunities that you would like to experience into your life, and also to change emotions and attitudes, *releasing* negative people, circumstances, habit patterns and energies from your life.

This little book is all about *you*, your life goals, your deepest emotional needs, and how you can fulfill your own enormous potential for life transformation and spiritual gain. It can give you the information you need to increase your confidence, become more successful, improve and enjoy better relationships, achieve higher spiritual awareness, and should you so desire, live a life which becomes a blessing to everyone you come in contact with.

When I look at magical techniques, I look at them much like you might look at different methods of swimming, the breast stroke, the back stroke, the butterfly, the over arm stroke. Some may be a bit more efficient while others might appear to be a bit more elegant. Each method has its own learning curve and techniques which must be mastered. All these techniques have something in common. They are essentially designed to keep people afloat and propel them through the water. So it is with magic. There is no right or wrong magical system or technique, but there are those which will resonate better with your particular set of natal talents and abilities.

You will find this information organized into eight chapters. The chapters themselves follow and relate to the eight phases of the Moon and are themselves parts of the wheel of a magical cycle of action. Each chapter notes its corresponding Moon phase. You can read the whole of this text at any time and benefit from reading it, but it was written to be *studied* in a particular way. After you have read this text in its entirety, please read it once again.

Chapter one begins with basics you will need to know to start using Moon Magic. Chapters two through eight follow the waxing, full, and waning Moon phases. In these chapters, we cover the mechanics of becoming more proficient in your magic and help you to develop a deeper understanding of how and why it all works.

A magical journey awaits, beckoning you toward new beginnings. Along the way you will discover a great deal about yourself, who you are, what you are learning to be, and what you need to have in order to accomplish your own life purpose. There are new ideas and new opportunities, physically, emotionally, and spiritually. At this journey's end, you may still live in the same world, but you will never see it in the same way, nor will you ever be unwillingly bound by its rules again.

I hope that you will accept this text in the spirit it was written. I humbly present it to you for your consideration. This material is offered as a practical guide to a *workable system* of magical manifestation - not edicts of the absolute one and only truth. You will get more out of it, and have more fun with it, if you retain your right to question and to experiment with any and all of the ideas I give you. Use only those techniques which feel right and natural to you, whenever and wherever they serve you.

With bright blessings to you and to every one you touch in your life and with your magic!

Joe Mogul
July 21, 2007

Chapter One: Working With Moon Magic (the New Moon)

Every ending marks a new beginning.
And so the Wheel turns.

Living a Magical Life:

Creation resounds within your voice,
linking your eternal self to form.
"In the beginning was the word.."

Affirmations are positive statements of our intention about a state of being you desire to experience. They proclaim your choice of realities, describe our desire and will them into existence by stating that they already *are* in existence. Moon magic uses progressive affirmations aligned with and matching the influences of waxing or waning Moon phases. For a simple example:

"I'm feeling better each day." (Increase during waxing Moon phases). "My desire for ____ is diminishing each day." (Decrease during waning Moon phases) Your affirmations follow the Moon's phases.

Know beforehand what you are going to do in your magical work. Phrase your affirmations in a way that allows the universe to fulfill you request. For example, to draw a love you desire toward yourself, you have to create an opportunity for another who is seeking to express that love. Rather than saying "Make Sue love me and want me as her mate;" try "I attract my perfect partner to me with the energies of the waxing Moon, that special person who can willingly fulfill my desires as I willingly fulfill his/hers, with perfect love - for the good of all in mutual benefit and growth," (Waxing Moon). Or "I release my compulsion to have Sue as my mate in order to make space in my life for my perfect partner," (waning Moon). Let the universe decide if it is Sue or not. If it *is* Sue, she won't go anywhere. Surprise is part of life and perfect is after all perfect.

Create your affirmations to support the *opportunity* you desire to experience. Welcome the energies you desire into your life. Use this wisely. While it will be very possible to use the information to place feelings which influence and compel a particular result from another, it would be a very foolish thing to attempt. I can give you two self-centered reasons: Firstly, when you impose an energy upon another that is not their own, they quickly revert to their old feelings almost as soon as you stop paying attention. How much time and energy do you want to spend keeping an eye on what you create? Secondly, by filling your life with a "false copy" of what you want, you are actually denying *yourself* (and that other person) the opportunity to experience the genuine article.

Let's pretend that you were walking around one day, feeling very hungry, and you found a bushel basket on the ground. When you opened the lid you saw that it was filled to the brim with slightly spoiled meat. Lately things haven't been going so well for you so you decide that food must be very scarce and think this food is better than no food, so you eat some of the meat. It doesn't taste very good but you decide that it's not bad enough to kill you, just a bit past its prime. You decide to take it with you, so you pick up the basket. It's a heavy basket so you have to carry it in both hands.

Now, you walk around carrying your basket of spoiling meat. You have decided that there is a scarcity of food. You would like to rest but you are afraid to put your basket down. You don't want someone else to take it. You begin to avoid people. Your attention is on the heavy basket. After a while you don't feel quite as well. The longer you carry the basket around, the heavier it gets and the more it begins to smell. The more you eat from it, the worse you feel - about your body, about your life, about your future.

At a distance, other people see you walking around with your basket of meat. Even if they have a surplus of food to share, they can see that you already appear have your hands full, so they choose to give their food to someone else. If you are lucky enough to stumble across another basket by the roadside, will you even bother to stop to open it? Will you even have the energy? After all, by now you are feeling very tired. You know that food is hard to come by. Why would anyone leave a basket with good food out where you could find it?

You are now faced with one of life's little truths. Before you can even have a chance to find out what's in the basket, you face a moment of choice. Before you can lift the lid to look at what might be inside, you must do two things: decide that there really might be something better for you and set your basket of spoiled meat down. You must open your hands and let go of what you do not need in order to even have a chance to pick up what you do need. And so it is with life.

Moon magic uses the natural process of attraction and release to continually improve your life. You cannot operate by suppressing another's will unless you are embracing the concept of scarcity and creating a resonance which draws in negativity towards yourself. You win when you can embrace the idea of abundance and the willingness on the part of the universe to provide your needs at a right time, and have the courage to let go of what you have that does not help you in order to find better options.

I usually find it enough to work on my own but upon certain occasions I have felt the need to request assistance. If you are working with prayer or invoking assistance phrase your request and complete it with your affirmations. One of my favorites examples is:

"At this time I call upon the One, always present, your Divine energy creating and reflected in the present state of creation from which I and all Life come to connect me with what I require. Let your Divine energies carry my intention to welcome/release (_____ insert your desire) into/out of my life. May my request arrive/depart in a way that best advances my goals, meets my needs and brings the greatest benefits to myself and others. Now is the moment of all creation, from the beginning unto the end." Be very sure to affirm the certainty that your request is already in the process of being answered.

Focused visualizations: Nothing's real to us until we can conceive of it as real.

When you were very young you all came equipped with the most powerful tool you will ever require: your imagination. Your imagination is a very wonderful thing. It is a key which unlocks your ability to create. Before you can create anything, you must have the imagination to visualize it as a possibility. The stronger your imaginative abilities, the greater your potential to see and to create a better life for yourself, a better business opportunity, a better relationship. Your possibilities really are as infinite as you can imagine them. The more visual they are to you, the more real you can make them feel, the greater the influence they can have on yourself and others. Let's look at how imagination creates focused visualizations.

When you frame your focused visualizations you assume a viewpoint where all things are possible. Visualize what you intend through your affirmations. Visualize it around yourself and around anyone you wish to connect with. Feel your connection.

When you work with Moon magic, see yourself as a part of and connected to all life and to the drawing and releasing power of the Moon. Summon the energies you require by visualizing the powers you desire to work with, remembering that as you visualize them they connect with you. Visualize your connection to the person or place your intended effect is to be made in. Use your imagination to set aside the world you know while you work your magic to create the world you want.

Practice your imaginative skills. The more sight, sound, taste, smell, solidity, the more powerful the influence. Don't be afraid. You will not get lost in your creations. As you develop an ability to influence your own senses, you increase your ability to influence the senses and sensations of others. Moon magic places feelings focused by your intention to create a resonance around yourself or another.

Get to the root desire. Make your choice. Choose one outcome out of the infinite possibilities as you focus your attention on and visualize your one desired result. Then use your words of power: your affirmation of your intention stated it in a way that declares the circumstances you desire to attract into your life. For example:
"As I intend and so desire I place the perfect vibration into the unseen world, to attract (or remove) _____ energies into (or out of) my life in a way that most benefits myself and others for the benefit of all and to the detriment of none. And so it is done."

Choose the space and time you want to influence. Release your focused energies by placing these feelings and sensations into the spaces around the person you are connected to, into their mind, their memories, the objects around them using the technique of attunement.

Moon magic uses focused visualizations, affirmations of intent and works *both* its attracting and releasing energies while utilizing the laws of *action* and *reaction* and the technique of *attunement*. There is another set of laws that operate alongside the law of attraction. These are the laws of equal and opposite action: give and take. One has to give for another to receive. Wanting something is only half the equation, no matter how hard or often you focus upon it. Willingness and agreement are part of these natural laws.

Life is a series of opportunities to experience. Choose a role that you wish to play and practice attunement in order to invite the experience you desire.

Everything alive and not alive has a resonance of vibration. Every mood, every emotion, every experience has a particular resonance and rate of vibration. Attunement is the practicing of matching a physical vibration or resonance in order to get attention, create a bonding experience, and lay down a harmonic resonance which *matches the desire* of the people or person you wish to influence.

Resonance is the phenomena that causes an object to vibrate when a certain frequency is applied. An example would be placing two tuning forks with the same acoustic resonance near each other and striking one of them. When you strike the first one, its vibrations will cause the other tuning fork to begin to vibrate. Two guitars placed side by side would work the same way as long as they were tuned to the same resonance. When you play one you will see a slight vibration of the strings of the other one.

Here's a more common experience, one which might provide a better example of the use of attunement in daily life. Can you remember a time when you were sitting through a boring class or event and looked over at some other person who rolled her eyes upward or gave you a look that communicated how bored she was or how dull the lecturer was? If you matched the same look, a resonance was created. You were practicing attunement. What's more, a kind of bond was now established between the two of you because you both indicated that you felt the same way..(you were experiencing the same reaction to the dull vibration created by the boring lecturer.

If you shared a number of instances where you both demonstrated the same positive or negative reactions to people or events, it wouldn't be long before you started seeking each other out and began talking. The next time you want to get to know someone, try attunement. There are business people who actually make a good living using little more than this information.

A salesman's favorite could be the example of "feel, felt, found", which is often used during the process of a sale to overcome a customer's objections to a product or service. The salesman answers the customer's objection by saying "*I know how you feel. I felt the same way about it*". *Attunement* bonds brings people closer together. The customer feels that they are now both on the same side because they share the *same feeling*.

A truly successful salesman follows this little bit of attunement by continuing on and saying: "*Yes, I felt the same way that you do until I found out that ...*". If our salesman does a good enough job in matching the customer's resonance, he has the customer ready to listen again and has a good chance to turn the objection into a sale.

Attunement can be as simple as two people walking around to the same side of the table to look at something or saying "I understand." Once you have matched a vibration you can begin to influence it by choosing to emanate a harmonic resonance. A harmonic resonance is one that matches what the other person wants. It says I am or I have just what you need, just what *you* desire. Performed skillfully and at a gradual enough gradient after you have bonded, the other person will follow your lead, even to the point of changing to an entirely new resonance - often without even realizing the change.

How do you know what a particular person needs or wants? The most direct approach is to get in contact with them and find out. Develop and use your powers of observation. If you have their actual birth day, time, and place, you can take a shortcut using their natal chart.

Attunement can be used to match vibrations with someone or something with the intention of creating a similar feeling of vibration in that person or thing when you resonate. You can use this

information to attract *or* release. Purposely going out of resonance with someone by vibrating at a speed too far above or below that person will cease to attract them and can even drive them off. It's like having a cheerleader bound into your room bursting with

enthusiasm when you are waking up with a hangover or putting on classical music at a country and western party. People tend to seek

out music that they can resonate (dance) with.

The Moon influences feelings and emotions. Attunement as we used it here, is the practice of first sensing and then matching a target's emotional vibration with the intention of creating your desired effect. Your communication of your intention is carried in that emotional resonance. When you have two objects resonating at the same frequency, they tend to pull together. Your intensity of focus will *direct* your intention.

You can influence any outcome within and subject to the boundaries of your acceptance and beliefs. Work within the balance of life. Always be honest. Create the resonance of what you need and what you are actually willing to share with others. Then you can experience what you desire in a way which promotes good karma.

Now that we have gotten a feel for the tools and how we apply them, let's look a bit closer at Moon magic.

Moon magic is as simple as breathing. We can divide breathing into two steps: breathing in and breathing out. When you breath in, the air that fills your lungs carries with it the oxygen that your body requires. When you breath out, the air your release with your breath carries the carbon dioxide your body does not need away from your body. Basic Moon magic is very similar.

Moon magic is divided into inner and outer work, and the actions of drawing and releasing. To best understand this, I would like you to create a circle. You can visualize this circle in your mind's eye, or if you would like to refer back to it later, you might feel more comfortable drawing it with a pen or pencil and a piece of paper.

Exercise One: The Moon phase cycle.

1. To begin, I would like you to draw or visualize a circle. For the purpose of this exercise this circle represents both your body and your point of connection with the physical universe. It can also

represent the Circle of Life, a complete cycle of action, and the cycle of Moon phases.

2. Now, draw or visualize a line dividing the circle into two parts. Start your line at the top of the circle and end it at the bottom. Label the right side with the words **outer work** and **drawing in** and label the left side with the words **external work** and **releasing outward**. Everything on the right side *attracts*; everything on the left side *releases*. Write or visualize the word "attracts" along the right side of your circle and "releases" along the left side.

3. Next write or visualize the word **initiate** at the top of the center line which divides your circle and label the bottom of the dividing line with the word **manifest**.

4. We are almost there. Visualize or write the words **New Moon** at the top of your vertical bisecting line. Write the words **Full Moon** at the bottom of the line. Write the word **waxing** to the right side of your circle, and then write the word **waning** on the left side of your circle.

Now we have two steps and four points. There are four additional points but we do not need to consider them right now. These first four points are all that's required for the purpose of this illustration.

Timing is to Moon magic what location is to real estate.

Initiate new projects during the dark of the new Moon. The New Moon marks a shift from your internal spiritual world to the physical world of action. Perform your external work and attract increase during the waxing Moon phases. Magic for increase reaches full manifestation and during the full Moon. Now you begin to turn your external experience into internal work by turning your observations into reflections and meditations. Release our attachment to unwanted people, habits, ideas and negative energies during the waning Moon phases. This helps you to regain clarity and makes room for the opportunities you desire and brings you to the beginning of a new cycle initiated on the New Moon.

Why use the Moon to focus and energize your magic? Your Moon has everything necessary for great magical work. Moon phases give a timing which flows in a repeating pattern. Each completed cycle takes about 28.5 days; long enough to give focus to your intentions and for the physical universe to respond to your influence by manifesting change.

There is a great beauty in simplicity. With Moon magic does not create matter out of thin air. Your goal is more immediate. You are learning a system to *attract or subtract* people, objects, and energies from your life, and how you can increase or decrease their presence or their influence upon you.

The Moon is associated with the element of water, influencing everyone and everything that is made of, filled with, or is even remotely concerned with water. Externally this is most often seen in the way that it affects weather and tides. Internally, the Moon influences your emotional tides, bringing forth for inspection and reflection, your deepest feelings and emotional needs.

The Moon is associated with timing and change. Moon phases act as a reminder of the constant cycle of change; teaching that each life and each life experience has borders: a beginning, a time of increase, a time of fullness, and a time of diminishment. They also remind you that beyond each cycle of change there is a new cycle of creation. *Every* diminishment always makes a place for a natural cycle of growth and renewal.

Like a path through the woods, Moon magic can be a shortcut, a sanctuary for personal solitude, a celebration of the natural beauty and variety of life, or a walk with the divine. This same path can be different things to you at different times, according to your needs and your frame of mind.

Use the power of the New Moon to begin new ventures and to start to bring new people, energies, and opportunities into your life. This is where you plant the seed of your creation. The first dark phases after the New Moon are best employed in subtle work behind the scenes. Hidden influence spells can be worked now. Picture the seed you planted with your New Moon magic is now nestled in the fertile earth, absorbing the moisture it needs to fully activate and begin to sprout as the Moon begins to wax.

Work magic for growth and increase during the waxing (growing) Moon Phases right up to the Full Moon. The influence you planted at the New Moon is growing with the waxing Moon phases. The people, opportunities and energies you summoned into your life are arriving or are on their way. Magical workings of all kinds for increasing health and vitality are assisted by these phases.

Magical work with attracting energies is best initiated during the waxing phases. Attracting energies are utilized to change present circumstances. Directed energies work to create future opportunities or events. Magic using directed energies works at any time (energies that "place" or push aside). Magic visualizing spiral energies works by drawing an energy spiral up during the waxing phases to create future events.

Use New Moon through Full Moon energies to increase intuition and instinct, draw in positive emotional experience, increase imagination, develop sensitivity. Use Full Moon energies to delve into your subconscious, explore your true feelings, and heal your inner child.

Work magic for completion on the Full Moon. Now the Moon is at her greatest influence. The Full Moon can be used in any work which requires powerful influence over the feelings, minds, and emotions. The Full Moon is also a marvelous time to receive and reevaluate. Full Moon energies bring emotion to the surface and are powerful energies for reflection and meditation.

Use the waning Moon phases to work magic for diminishing and taking away habits and energies which no longer serve you. Use the wisdom you have gained. This is a time to work for transformation. The last waning quarter phases have potential for inner work and transcendence through the process of release and acceptance of the coming cycle of renewal, new life, and new opportunities approaching with the New Moon.

Exercise: Beginning on the a new Moon.

Use the affirmations: "Change is possible; all life is a process of change." and... "My affirmations create my future reality and life circumstances." Focus upon it during the day and at least once each night through the waxing Moon phases.

Another great way to start, is to declare yourself on your own side. It's perfectly alright to do this. Add affirmations like: "I like myself." "I love being myself." and "I look forward to new opportunities to express my inner feelings and emotions."

Repeat your affirmations again each day and at least once each night from the New Moon through the Full Moon. Visualize each of your affirmations like another seed sown, seedlings of feelings which sprout and grow within a garden in your mind.

Chapter Two: Thought (Waxing Crescent)

*Thought frees you.
Thought connects you.*

*Thought isolates you.
Thought stops you.*

When I was a child, I used to spend a lot of time thinking about life while sitting upon stairways. Some people prefer to do their thinking in parks; others might feel more at home learning about new subjects at school or in a library. To me stairways always seemed to be the best kind of place to ponder life's greater questions or to consider new ideas. There's nothing like sitting between floors to help me put my thoughts into better perspective.

I always imagined that knowledge and ideas were much like steps. Each new idea could take me up or down a level of awareness. Every theory that had ever assisted me in the past had a higher truth just above it. There will always be higher steps. Although I might find it

satisfying to rest on one certainty for a while and enjoy the view, I knew that if I wanted to climb, I had to be willing to take my foot off the step I was standing upon in order to reach a new idea and bring myself to a higher viewpoint.

Have you ever heard stories of people who won vast sums of money and quickly lost it or continued on having a miserable life? We are often told that money isn't the answer, but that's only a partial truth. The winners weren't unhappy because they had lots of money. They were unhappy because they failed to take the opportunity to help themselves by changing their lives. Money can purchase the freedom to do what ever it takes to change what you were doing which kept you producing the same old situations in your life.

It's a funny thing about living. When you do the same things every day, you usually get the same results. When you attempt to change something about your life by using your old thoughts, methods and routines, you are likely to discover that you simply create more of what you have already experienced. If you are unhappy with the way some things are working out for you, it is time to change something about it. To change results, change your approach, change what you do, change how you do it. Change your mind.

One of the greatest barriers to acquiring magical knowledge is the way that people process new information. We absorb new ideas by associating them with old ideas. When choosing between accepting or rejecting a new concept, people often pay closer attention to those ideas which match their existing knowledge and beliefs. In order to make real progress, a person has to make some mental room for new ideas.

*In the beginner's mind
there are infinite possibilities.*

Living in the world you think you know, you can find yourself unwittingly restrained by your own preconceived *ideas* of what barriers exist to your freedom of self expression and creation. You need to rediscover your beginner's mind.

Eastern mystics have instructed that the same world which is perceived as being so solid is really an illusion created by consciousness. This ancient wisdom gave rise to a concept that thought itself creates form. Some spiritual teachers have taught a theology of total unity, where all individuality is imaginary, created out of the limitations of our awareness. Other teachers have said that our reality is not distorted; it is merely the reality of human consciousness.

More recently, quantum physics suggests that the infinitesimal building blocks of this solid reality are themselves momentary condensations in a field filled with vibrating energy. Particles apparently appear and disappear, giving structured patterns of energy an apparent solidity and allowing us to perceive change and motion. Illusion? Perception? This last explanation works very well with the laws of magic and is a useful concept for understanding and *working* with the mechanics of living energies.

Physical form is a bit of a misnomer. It is not really physical, nor is it solid. It's more like a concentration of energies in rapid motion. Imagine the idea of fifty golf balls zooming around in your closet. Their combined mass would not account for more than a fraction of the space, but for all intents and purposes the space would be totally occupied because you couldn't step into the space without being struck by at least some of the balls.

You can create changes in solids the same way you could influence your zooming golf balls. You could alter their direction and velocity by adding or subtracting particles at higher or lower speeds, by adding particles of a larger or smaller size, or by introducing particles made of harder or softer substance. You could add energy or take energy away. Even a subtle change would affect the motion. Moon magic affects the energies in and around the physical world, by introducing emotional resonance directed by *focus and will*.

Emotional resonance can introduce change in the physical velocity of an energy pattern, make it vibrate faster, slower, or even bring it to a stop. Emotional resonance is powerful. Have you ever felt someone whose emotional flow excites or drains you? The physical properties of a object, an organization or a relationship can be extended or shortened by the addition or deletion of emotional energy.

The old laws of physics could be considered to be the rules of *created* things. When you begin to use magic, you are shaping a new version of reality by placing your influence into the time stream. You become a *creator* rather than a created thing. With sufficient magical practice you may even find that the rules or physical laws will begin to become more like suggestions; they apply when and where they serve you. Whenever you start thinking about something, you begin building a new reality for yourself to experience...a new future.

Exercise two: Practice for placing thoughts and emotions.

This can seem a bit strange at first but it is well worth all the time you choose to spend in practice. You will be using your visualization skills here. The steps themselves are very simple:

1. Find something in the space around you and get the idea that it feels sad. Imagine that it is having sad thoughts. Use your imagination and stretch your visualization skills until you can feel the sadness emanating from it. When you've got that, move on to step 2.
2. Decide that the object no longer feels sad. Get the idea that it feels happy. Visualize it having happy emotions until you can feel the happiness pouring out of it. When you have done that, go on to step 3.
3. Continue to pick emotions, as many as you can come up with. You could try, angry, sexy, foolish, lonely, etc. The thought of a foolish feeling table lamp might be rather amusing. Now pick a number of *different* objects and do the same with them until you can place an emotion in any object at will.
4. When you feel really good about how well you can do this exercise, you might start placing feelings in the space *around* objects. Move up to rooms, houses. Even if you practice this a few minutes at a time throughout the day, you will improve your visualizations and stretch your imaginative capacity. Don't be surprised after a while if someone next to you starts to pick up one of your "placed" emotions. Walking by a house they might remark about "what a sad looking place that is" or walking through a room remark about the feeling of anger they feel in it. Don't say anything about what you are doing. Just keep practicing, and always remember to clean up afterwards by

replacing negative feelings with happy ones when you have completed your exercise.

5. Do the same four steps, but this time placing thoughts along with emotions. It is a small step to place feelings and emotion in *living* things. Before you start with that exercise, I suggest you have a thorough read from Chapter Four.

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Magic is a process improved by practice. Just like you had to get familiar with controlling your body and improving your hand and eye coordination as a baby, you will have to become familiar with manipulating and coordinating the subtle energies in the world around you. Be patient with your efforts. You will be strengthening virtual muscles that you may have never used before.

Thoughts are probably the closest thing you will ever know to anything being instantaneous. Your thoughts are interactive with all other people's thoughts...and...with *all* thought. While you might miss the lighter energy patterns of thoughts, you do realize and sense the more concentrated patterns of energies that we call emotions.

Have you walked into a room and felt someone's sadness? Have you ever felt the lingering terror at the scene of a really horrible accident or the love of your husband or wife flowing across a table or a room? Emotions are made up of the same stuff as thoughts and feelings. They just vibrate in patterns of heavier densities which we have attuned our senses to receive.

You have a lot of experience with emotions. Emotions can connect and run through a crowd, a mob, or a football game, as one set of emotional vibrations resonates another. You can feel the tension mount as the combined emotions build up to a pitch that demands release. It's much the same with magic.

You place thoughts and emotions all the time, it's just that you usually associate these placements with actions; an argument, an accident, etc. Your perceptions would drive you into sensory overload if you had to pay attention to everything all at once. So humanity has evolved a heightened ability to focus. Just like your mind is trained to focus thought, your sensory perceptions have been trained to focus on those things which might pertain to the survival of your ego identity and your physical body and ignore most of the rest. That's not a problem in itself, but it is a limitation. That brings us to the subject of Observation.

Chapter Three: Reality and Observation.

Humanity has picked up some extremely bad habits when it comes to observation skills. Unless you believe that something is a threat, it is all too easy to stop paying much attention to it.

You can get away with this sloppy observation for days, months, even years on end when it comes to things like the ground beneath your feet or gravity. This becomes a problem when you fail to notice the actual condition of a particular thing like a worn tire, a rusted bit of plumbing or a strained relationship.

Once people and things feel too familiar you begin to pay more attention to your *ideas* about them. You spend less time actually looking at them. How many husbands could tell you what their wives were wearing this morning? Something blue? Green? This habit of not paying attention can, and does cause a whole lot of trouble. So it is with magic. Your magical abilities are matched and developed by your powers of observation. It pays to pay attention!

All the choices you have ever made were based upon the information you had available to you at the time. Hindsight often shows you other information which could have led you to better choices. The best information is gathered through direct observation, but most people spend their time and energies living in mental facsimiles of the world. The mind can keep you quite busy.

What does your mind do? It does what it is supposed to do: it solves problems! When it doesn't have enough problems, it makes some up or imagines those problems it does have to be far worse threats than they are. It worries, frets, regrets previous choices, or tries to figure out what other people might think about what you might do or say. What a terrible waste it is to use all this tremendous imaginative capacity creating endless worst case scenarios of moments you hope you'll never face.

Fears and potential threats are given such a very high priority. Is it any wonder that some people have come to fear even *looking* at the world... and to *fear* magic? People are very familiar with those uneasy vibrations, created by our unconscious minds, which resonate our fears and actually attract or expose us to the very experience we are afraid of. Fears create an uncontrolled emotional resonance. Magic uses the same *mechanics* of resonance, only in the case of magic the resonance is consciously controlled and placed to produce a *desired* result.

The old adage: "What you resist will persist," has some validity. What you resist doesn't just persist. It can follow you home. You attract what you focus your attention on. When you focus on building wealth, you get wealth. When your focus is on your lack of what you want you get an even greater experience of lacking whatever it is that you want.

It's the same with fear. When you resist something, the energies you associate with what it is that you are resisting begin to vibrate. If you are really afraid; the resonance is boosted. You are actually calling out and attracting the attention of whoever or whatever you fear. Did you ever wonder how predators really find their prey? That is why consciousness and conscious choice are so important both in life and in magic.

We seldom actually see the reality of the physical world unless we train ourselves to do it. Observation itself is a peculiar thing. *Whenever you observe something you are interacting with it.*

Have you ever felt the gaze of someone watching you across a room? There's energy and emotional interaction, even in a glance. You can change the energies in a space with your physical presence. Whenever you enter or leave a room you change the energy field, if ever so slightly. When you work Moon magic you consciously place or release feelings. People naturally place feelings into spaces every day. Most never realize that they are doing it if they are not paying attention.

Once placed, feelings tend to stick around until someone comes along and uses them. You are always surrounded by feelings. Every energy that has ever been created exists somewhere in some form. If you have ever walked into a room after an argument and felt the energies or passed a house that gave off pleasant or sorrowful emotions, you have experienced some of them. This is especially true of unclaimed feelings and unexpressed emotions.

Unclaimed feelings are created by intense thoughts, wishes or desires which would cause you emotional pain, ridicule, or other unpleasant social results if they were discovered by other people. An embarrassing sexual fantasy, a socially unacceptable attraction, a strong visualization of a desire to kill or harm another are but a few examples of feelings you might not wish to claim. Unexpressed emotions are those which you felt strongly about but never acted upon. Once created, these energies seek expression and someone to express them.

If you walk into a space where violence and anger awaits expression and you happen to already be angry, the waiting emotion and intentions of the original creator seeks to find expression through your anger - long after it's original creator has moved on.

Repeated energy exposure is *cumulative*. Unexpressed emotions can hang around your body and create a resonance which triggers events with other people, allowing seemingly small social slights to quickly spiral out of hand, or cloud and confuse what would otherwise be pleasant conversations. This will even create situations where pent up negativity will release into the world. Observation assists you here. Unexpressed and un-activated emotions lose their power under direct observation.

Everything we look at is interacting with *us*. Our mere presence in a space changes the energy of that space. When you walk into a room full of people they start interacting with you, even if, they are moving away. When you walk into your garden, the garden also starts interacting; so does your bedroom, your house and so on. The Chinese recognized these energy interactions over three thousand years ago and developed the art of interactive object placement called Feng Shui.

Working magic is improved by the practice of observing and consciously interacting with subtle vibrations of energies. Our abilities of observation are a kind of doorway into the *intangible world*. As you practice looking, you raise your level of observation.

I encourage you to spend some time practicing paying attention to what is happening around you. Training your peripheral vision is a plus. Look ahead while becoming more and more aware of what is going on to your left and to your right without moving your eyes. It's worth the practice.

While you are out looking at things, pay some attention to the spaces *in between* objects. The habits of a lifetime have taught our brains what *things* to look for. Most of us do not have brains wired to pay attention to "no things". When you do the same action or have the same thoughts over and over a habit pattern sets in. Like our morning coffee or tea, our days are anchored by our little rituals and habits which make us feel comfortable. It's the same with our habits of attention and observation. Let's explore how we can change our brain wiring.

Exercise three: Observation.

Just take a quiet walk in a park or garden space and allow yourself to pay attention to what's out there. Look, but don't think. Just observe. It does not really matter how many objects you look at, what you see or don't see at first.

Allow your self to slow down, to become more aware of this moment in time and space. What sounds are present? What smells? Feel the movement of wind. Is it hot or cold? After you have practiced this for a while you will find your impressions of life improving.

You might begin to ask yourself what energies you sense. Pay attention to both the objects and the spaces in between. Even a little time spent at this exercise each day can improve your powers of observation, boost your receptivity and begin to awaken magical abilities.

Chapter Four: Karma (Waxing Gibbous)

If this is a universe of abundance governed by the laws of attraction, why aren't more people living rich, happy, and healthy lives? Is it their own fault? Is it karma, or is it just a matter of a lack of focus and poor concentration? Why do so many kind and generous people struggle just to make ends meet? How can a universe designed to be so custom made to our personal input result in such an uncomfortable fit?

There is nothing essentially wrong with the idea of abundance. There is a very simple reason why most people have been unable to reap its benefits. The laws of attraction, operate within and are subject to another set of laws: the laws of willingness and agreement.

The universe has been described as largely neutral. That may not entirely be the case. In my own experience, I have found the universe to operate with total willingness. Just look at how willing the universe is to give you whatever it is that you believe in. That might be an abundance of friends, opportunities and solutions or, if you operate from an idea of scarcity, an abundance of scarcities which might result in an ever greater abundance of problems.

If I were to substitute the words universal willingness for universal abundance, and the word agreements for beliefs, I would have a more workable truth. This is a universe of willingness. It will willingly allow you to experience it in what ever way you approach it according to your agreement about what you deserve and how and why it works.

The universe is willing for you to experience abundance: an abundance of isolation, poverty, disappointment and disease, or an abundance of health, happiness and opportunity, and/or anything in between. The keyword here is willing. How you can use this willingness is our next step in the process of creating a life you are willing to experience

Both the idea of abundance and the idea of scarcity are concepts. They are ideas which support two different approaches toward living. Let's take a look at what these two concepts are about and what resulting experiences they produce.

A concept of a universe willing to allow you to experience abundance describes a place where there are always ample resources available for meeting your needs and the needs of others. This concept encourages attitudes like sharing, cooperation, patience, confidence, self esteem, and optimism about the future. People who understand that there is enough for everyone in this universe are very hard to suppress or control. You cannot convince them that they have to accept what is less or unfair for themselves or others. There is tremendous freedom of thought and action associated with a concept of abundance.

An attitude of scarcity produces attitudes like guilt, competition, impatience, worry, and fear. It is in the interest of those who want to create slaves to promote the idea of scarcity. The concept of scarcity creates a sense of stressful seriousness and depression. When you are depressed, your past and future become more and more absorbed into your present emotional state, until you can neither remember feeling better nor imagine that you will ever feel better. People who believe in scarcity lose their ability to hold points of view and can be easily controlled by their guilt about the past and their fears of the future.

What has been called white or black magic are largely the results of the attitude of the practitioner. Positive magic is based upon a concept of abundance and a desire to create benefits for self and others with an underlying understanding that this can be accomplished in ways that benefit all concerned. Negative or black

magic is practiced out of the ideas of scarcity: scarcity of power, resources, and a desire to control based upon a fear of being controlled by others.

What you ask for and how you ask for it demonstrates which concept you are using at the time. You are well advised to look at what you believe about what it is that you are asking for. If you believe what you want exists in abundance and that you have every right to accept it into your life, you have a much easier time. If you believe that what you desire is scarce and that you have to take it away from someone else in order to have it, your experience is going to be harder. Either way, the universe will support your beliefs. This brings us to the Law of Three and Karma.

People who have worked with magic in any way may have wondered why I haven't preceded any of this information with a least one chapter on Karma and the Laws of Three. In my own experience this information (while very important) almost seems too obvious to have to mention, because the same principle that creates our ability to work in the craft is behind it. Magical work centers upon the idea of one power existing overall and within all beings. The act of working magic is itself a recognition of those connections and eventually about spiritual transformation.

The Laws of Three:

The Laws of Three is a basic working agreement among magical crafters which asserts a viewpoint that whatever you put into magic comes back to you three times. Here is my understanding of it:

1. We are all cosmically linked. What you touch can touch you.
2. The energies you send out are also the energies connected to you.
3. The resonance you put out into the world acts as a signal to those with similar energy signatures. Their attention is already on its way back to you.

When you release a blessing into the world you are in touch with the *energy* of the blessing as well as the *person* you are sending it to. So, blessings become blessings, kindness becomes kindness, curses become....curses. When you work in magic you are free to choose the type of guests you invite into your life. My advice is to be upwardly mobile. Choose your energies and your associates wisely.

Karma:

Your karma is not a matter of fate; it is a matter of *vibration*. Events happen in your life because you provide the atmosphere for their occurrence, be they happy events or stressful events. You draw certain energies to you because of the emotional resonance you emit - either consciously or unconsciously. When you connect with a negative person or choose an anti-social solution, you are accepting an energy source pattern. Borrow money from a loan shark and you invite a whole new circle of friends into your life. You take on an energy signature which allows these energies to connect back to you. Works just like.... uh.. magic.

If there's anyone you know out there who still hasn't figured out yet that working with negative energies is like bathing in a septic tank, please don't be surprised by the smelly circle of friends they attract.

You can change your karma when you change your vibration. That's one of the blessings of true spiritual transformation. You can get the satisfaction you desire out of living without forcing, tricking, or persuading anyone to act outside of their own best interest. Your vibration changes. The "bloodhounds of cosmic balance" get confused and lose your scent because you have changed your scent.

Changing your Karma Vibrations.

You can change your Karma by changing your cosmic signature.

Your cosmic signature is the frequency of energy attraction you are putting out. This frequency of attraction is what draws the attention of people and events which will create or continue to create circumstances which you need to balance your energies on a spiritual level. Karma can be changed by education *or* experience. Although Karma may seem uncomfortable, it is not external to yourself or your actions. The forms it may take might surprise you but one thing is certain: Life will keep trying to teach you the same lessons until you grasp the meaning of the lessons and it inspires change.

The key word here is *change*. You *don't* really have to stand there and get hit back for every unnecessary blow you might have struck against another. You *do* have to stop striking unnecessary blows and start looking for positive action which you can create. This does not mean that five bad actions take five good actions to achieve balance. Balance *isn't* necessary. Change is what is required. It is enough that you begin on a new path of positive creativity and seek to release the best in yourself and others without the intention of avoiding unwanted consequences or garnering rewards.

All energies come from one Source. There is an ancient technique which uses the approach of looking for and releasing the holy sparks that reside in ourselves and others, making them a part of creation. Change in Karma comes when your actions are unconditional. You give because it is a blessing to give. Those you assist are helping you by allowing you to help. Your receipt of assistance from others is actually as a blessing to those who give to you! Give thanks for your opportunities to assist and to receive assistance and your karma will change.

Chapter Five: Taking Stock, (the Full Moon)

It's time to take a look, but *Just What Are We Looking At?*

Something very new is beginning to happen. We are all changing. The Earth itself is changing. You need to align your approach to living with this change. I would like to share what I have found in the hope that it might be of some use to you in your life and with your magic.

When you look at the world and wonder why so many people just don't seem to get it or why we haven't made more than a certain amount of spiritual progress, you have to factor in the fact that creation itself is eternal. New souls are added as others, having mastered their life lessons, move on.

You are living in a world filled with other people and life forms. Each is filled with its own desires and sense of purpose. As Buddha said when asked by a bystander why he rescued a scorpion that was drowning in a pond even though he knew that the scorpion would sting him:

"The scorpion is not stinging me out of malice or evil intent. It is simply his nature to sting. Just as it is the water's nature to make me wet, so it is the scorpion's nature to sting in order to protect himself. He doesn't realize that I am carrying him to safety. That is a level of conscious comprehension greater than what his brain can achieve. But, just as it is the scorpion's nature to sting, so it is my nature to save. Just as he is not leaving his nature, why should I leave my nature? Why should I let a small scorpion rob me of the divine nature which I have cultivated?"

Exercise: Here's a useful visualization for understanding the energies on this planet:

Visualize that this planet is much like a classroom, a kind of one room schoolhouse where each student is working on his or her own individual level of life lessons. The subjects taught in this classroom are meant to transform the students from a kill or be killed level of bare sentience to higher levels of wisdom and understanding.

An interesting fact about this school is that mere life attendance is not enough to guarantee graduation. Subjects are passed at 100%. There is no curve. No one is advanced before he or she demonstrates a sufficient level of competence. To compensate for this lack of a curve, every student is given all the time he or she might require to absorb 100% of the material. Each student moves along at their own pace.

Students learn by mastering life lessons. Along the way, it is always possible to move backwards one or more grades as well as forwards. Failed lessons are graded with negative karma and when accumulated in sufficient numbers, can result in a student being held back a number of years until those particular lessons are learned.

Visualize yourself as a student in this classroom where every student is at once both a student and a teacher. You have a lesson plan; something to learn and something to teach to others built into each lifetime. For example, if your lesson was to learn to use your powers and abilities, your teacher could be the one who challenges you sufficiently to develop in you an intense drive for survival.

For another example, Let's say you are here to teach others about how to develop and use their own strengths and abilities. There are many ways the you could mentor them. You could guide them gently, you could inspire them with passion, or you could push them, like a drill sergeant, frightening them to within an inch of their lives to get them to fight back and stand up to you. You could even be an enemy for them to overcome. How you will chose to teach this life lesson largely depends upon your own level of understanding combined with the level of understanding and resonance of those you are here to teach.

As students progress they are tested by the actions of other students. There are those who will sting like the scorpion when you try to help them because it is simply in their nature to sting, to lie, to cheat, or to hurt their fellow students.

Lastly, imagine that the life lessons of this planet are limited to the lesson plan of this middle school. Nothing higher is taught in this classroom called Earth. This visualization can go a long way toward understanding what is going on. Why should you let the actions of others rob you of the divine nature which you have cultivated?"

Resistance to Change

I had a very poignant question asked of me by very special lady who was struggling with her repeatedly disappointing attempts to make positive change in her life, physically, economically, and with her increasingly strained relationships both with her daughter and others close to her.

She had made real progress in overcoming years of emotional relationship abuse, but could not seem to assist her daughter to break free of a similar pattern of abuse. Indeed, her daughter kept rocking back and forth between accepting her mother's advice and her abusive partner's control. Additionally, close family members were unsupportive of her progress and every time she started to get herself on new path to economic progress, accidents and incidents occurred to discourage or block her progress.

I told her that I needed some time to reflect upon the matter. It had taken at least fifty years to create the problem, so I figured that it was worth taking some time to figure the situation out one step at a time. All the while I was thinking about this, the words of a song I heard many years ago kept running through the back of my thoughts: Play Me a Rock and Rolls Song....by Valdy. It was almost two weeks later before the reason I was thinking about this particular song dawned upon me.

When I first heard the lyrics of this song I didn't realize how powerfully this story of a singer's experience with a hostile audience related to one of the most fundamental problems we all face when attempting to change things about ourselves. Known for rock and roll music, he was booed off the stage by people who weren't prepared to listen to his newer songs about flowers and peace. They wanted to hear him perform music they knew him for; what they expected from him - or hear nothing from him at all.

Your spiritual and emotional resonance determines your audience. Your initial life resonance determines family placement and situation, attracting other beings and experiences into your life. As you grow spiritually and in life experience you are accepted into the roles you are expected to take. You can move into new directions and levels of understanding as long as your growth does not bring you too far ahead or behind the progress of those around you. If you fall behind, most people will at least try to encourage your progress. Failing in that, you may find yourself abandoned as the crowd moves on.

When you do forge too far ahead or far a field from your family, friends, and others in society, you might easily find that those who have been closest to us are unwilling to accept these changes in your interests, philosophy, status, or outlook. They may likely be unwilling to change with you. They might feel hurt, confused or even betrayed by your unwillingness to continue playing the roles you have always played for them - even to the point of trying to control your actions through hurtful criticism and hostility.

What should you do? Don't take it *personally*. Their upset is not your fault. It really isn't something that is wrong with *you*. Your friends at the pub probably came there for the drink, the atmosphere and the music. Mozart wasn't on the program. Whenever you make too drastic a change or very rapid progress you may run into difficulties with those who say that they love you. The problem is that the *you* they love is the *you* they have known and relied upon to fulfill whatever relationship role you have played in their life *in the past*. Some people will not accept change and you must accept their right not to change.

You have the right to grow, just as others have the right not to. They just don't have the right to hold on to you in a way that stifles your progress. To fully be your new self and be appreciated for the person you have become, you might sometimes find it necessary to change your vocation, location, and your audience. New resonance draws new people, new roles, and new opportunities. It doesn't hurt to check out your options. You're not a tree planted in the ground. You can move across street or across the planet. There are inexpensive relocation reports available to give you a good idea about opportunities in other places for love, career and other interests. If you get serious about moving, there are also some wonderful astrologers doing live relocation counseling.

Beyond giving yourself new people and new opportunities, you will need to *continue* to create inner progress or your inner resonance will continue to recreate the situations which mimic your former circumstances. Traditional magic has a ritual step of suspending disbelief; setting aside everyday beliefs about the mechanics of the world so that you might work between the worlds, above and beyond the accepted physics of space and time. You can work beyond your apparent limitations.

Get ready to use the waning Moon Phases to release unwanted energies and make space for drawing in what you desire during the next set of waxing Moon phases. Work with the natural energies and allow the pace of change to unfold with the Moon cycle. Be true to yourself and to your own goals. Magic worked without addressing initial cause of inner beliefs is at best a patch. Magic worked upon inner change manifests new life and new opportunities.

Chapter Six: Troubleshooting. (Waning Gibbous)

“What do I do if it doesn’t work?” Troubleshooting:

Your *innermost* beliefs are reflected in your life experience. You may say all you want about emotional or political correctness. Your true feelings are constantly being projected into the universe. You can tell people that you are feeling optimistic all day long, but if your inner emotions are constantly predicting doom, you need to *change* rather than silence them. Other people feel the energies created by your resonance. If your core beliefs are positive about your self worth and your rightful place in the world, the universe will answer with an abundance of what you need and want. If your core beliefs are based upon the ideas of scarcity, fear of others, and a need for struggle, your experience will reflect those things.

Each time a negative life experience stimulates one of your limiting core beliefs it begins a resonance which attracts more of the very people and situations you are trying to reject. Like a downward spiral, the more upset you become with your life experience and the more you fear what lies in store for you, the greater your resonance and the more you draw upsets toward you.

There is no end to up or down. There is always better. There is always worse. There is an infinite spiral which you can ascend or descend, but there is always the constant of change and the potential for change. Since most of what you experience in life originates with your inner resonance, you must change your innermost beliefs in order to change your life. You can create or overcome any energy pattern and begin to draw better responses. You can shape your inner beliefs and begin to change the circumstances of your life. How do you change your resonance? Moon Magic, practiced in its most basic form and using the right affirmations can begin that natural healing process by gently releasing ideas that negate your abilities and slow your progress.

With Moon Magic, or any kind of magic, if you are having difficulty attracting what you desire you should take an honest look at what you need to release or stop doing that is preventing the experiences you desire from becoming a part of your life. Is it a limiting idea? "No one will like me." "It's just not possible for me." "I just can't make things happen." Etc. Is it a belief, an idea, a past conclusion, or another person? Are you trying to create an experience which would be outside your own life goals or self interest? Magic worked within the context of your beliefs and life experience flows more smoothly.

*Thoughts can free you.
Thoughts can connect you.*

*Thoughts can isolate you.
Thoughts can stop you.*

Once you understand these principles, all the reasons for how and why magic *works* and all the reasons why it *doesn't* work are summed up in those four lines. They are well worth looking at again and again.

When I trip, it's usually over my own feet. When I previously discussed Moon Magic I focused upon Moon phases and using Moon Magic to attract or release ideas, people, opportunities and energies into your life. Let's take the magical process a bit further. You always begin with two conflicting sets of ideas, your ideas about what you want and your ideas that limit your ability to have what you want. Since magic works with ideas, limiting ideas can make it very difficult for you to realize your goals.

Ideas are funny things. The same thoughts which connect you to your spiritual source, connect you to magic and with life itself. Thoughts which separate you from your spiritual source, other people and life, disconnect you from personal magical ability.

The world of form is not fixed. It's constantly changing as it's being continually recreated. It's also very malleable by thought. Whatever skeptics may have led you to believe, your consciousness and the world of form are totally interconnected and totally interactive. This is not the least bit surprising since when you really look at it, everyone and everything you *know* is really an *idea*. Your idea.

The people, places and events in your environment may well have real substance, but you only experience them as thoughts. By the time you perceive something through sight, smell, sound, taste or touch, it is already at least a millisecond in the past. It has already happened. The sensation you are now aware of is no longer in its original form. It has already been altered by your previous experiences and by your ideas about what's possible and what's not.

What you see as *solid* matter is really your own *perception* of matter. You choose what you are willing to perceive and where you are willing to perceive it. What appears to be a solid table is often tested in "the real world" by the blow of what appears to be a solid fist striking it, and giving us a solid sensation of reality.

It is much easier is it to break a board with your fist once you realize that you are putting the board there as well as your hand. You are putting the solidity of the board as well as the force into your hand. Your ability to break the board has a lot to do with your idea strengthened by visualization and practice that you can break it. While your hand is the apparent tool, your mind is the real force behind it.

The fact is that both the table and the fist and everything else in this *apparently solid reality* is made up of the same particles. It's all the same stuff manifesting in different frequencies and vibrating at different levels of resonance, which organizes it all into different densities to give us you and me, cats and trees, and our universe.

So, let's leave behind our old opinions about the *separation* of the world of consciousness and the physical world around us. We will not need them on our journey into a land of infinite possibilities. Let's stretch our minds a bit and start looking at the *connections* between them.

Magic can be done very quietly or, it can be accomplished at deafening levels of roaring emotional resonance, but all magic is created and begun by a simple thought, enabled by, or limited by, your belief system. *If magic is such a natural part of living, then why do people use prayers, rituals, circle magic, or spells?*

Imagine what would happen if *everything* you thought just instantly happened without you being able to reflect upon it or *recall* it. Have you ever said words in anger or just in thoughtlessness that you later regretted? What if your words and the thoughts behind them went into effect the moment you released them? What if everyone was doing this at the same time? Can you picture such a world?

Working Moon Magic is a practice of linking a series of physical and or mental actions with focused visualization, ritual intention or prayer in order to consciously control the process of attracting or releasing energies. In other words, by "ritualizing" the process (in whatever manner that appeals to you) you control the timing, the effect and anything else connected to your desire.

When you work magic through rituals, systems, steps of ideas and actions placed in a format you control, you tell yourself: "This is how I am going to create that effect" or "That effect *will* happen when I do this." If you are *very* accomplished, you use the ritual format to say: "It will *only* happen when I do these steps to create that effect."

Exercise: Beginning the third night *after* the Full Moon.

The secret to releasing inner negativity begins when you focus your attention on one positive aspect about yourself. Find something about

yourself, your strengths or abilities that you can admire. Even a very small something. Use the affirmation "I admire my _____."

Find as many as you like but find at least one new one each day and express it. Write down the things that you have found that you can admire. Do this exercise by going over your full list each day and at least once each night as the Moon grows smaller adding the affirmation: "With each new positive thought or realization I release negativity and am making room for what I admire to enter my life."

Chapter Seven: Life Review (Last Quarter)

All of your life people have been inhibiting your growth by projecting their own sad limitations upon you. People have given you their worst ideas about good and bad; duty and purpose. Among those ideas are self damaging concepts like guilt, blame, shame, and regret. It's quite possible that *other* peoples' purposes and fears remain with you today distorting your self-image and your view of the world you live in.

When negative thoughts about who you are or what you have done or failed to have done in the past arise, rejoice in the opportunity that it is presenting you with. Treat it as another chance to alter your karma. Here's a great way for you to handle it.

Whenever negative thoughts begin to trigger self doubts, it's time for you to do a review of the past situations you are remembering. Use the same visualization from your past that your mind is showing you, viewing it as if you were back in that very space and time. This really works! You are the same spiritual being but there is likely a vast difference between the your approach back at the time of what you are reviewing and your present state of information, understanding, and awareness.

Exercise One: Life Review

Here is your chance to give yourself credit for all the progress you have made. Visualize how you might have handled your previous situation if you were the person you are now, with the information that you have now. Knowing what you know now, what would you have done or how would you have handled it? Play it through a number of ways, with a number of solutions that would make sense to you now. Visualize the difference in possible outcomes those new choices would have made until you feel comfortable with how you would handle it and recognize the value of what you have learned.

Life is meant to be experienced. It's true that the universe through karma will keep giving you the same lessons until you have mastered them. Your spiritual resonance attracts the people and events required. That does not mean that you have to actually live through the event. You absolutely do not have to prove or demonstrate your new level of ability to anyone but yourself - unless you refuse to review the lesson. Much like a math problem that you just didn't get. You can review the it again and again until you have mastered an ability to solve that type of problem. Your ability to deal with a situation alters your resonance so that you no longer attract the same situations or have to face future questions or tests on that level.

Exercise Two: Beginning at the last quarter Moon.

Focus your attention on one positive aspect about the person or situation that upsets you. Just one. Even a very small something you can accept or possibly admire. Find another good thing about the person or situation. Then another. And then another. Find as many as you like, but find at least one each night. When you find it, say it aloud. For example: "I value _____ about _____. " Do this exercise each night as the Moon grows smaller using the affirmation: "With each new positive thought or realization I begin to draw the best possible relationship or reality from this person or situation."

These affirmations go a long way. Use them and you will begin to achieve results. In life, as in magic, what is important is not where you begin, but the movement you make and the change you can manifest.

Chapter Eight: Regaining Clarity (Waning Crescent)

Clarity of vision creates clarity of intention. Clarity of intention enhances focus. Enhanced focus increases your ability to successfully work magic. Increased magical ability produces a manifestation of more of the things you desire, and ultimately increases the quality of your life experience.

"It's not just the steps that make the dance, It's the quiet in between." -unknown author.

You must first know yourself before you will ever be ready to understand who you are and what you are learning to become. Magic is about transformation, transcendence and self realization. Self realization brings about *self actualization* (manifestation of *your* desires). Self realization begins when you start to communicate with yourself. It's not the events in our lives that change our lives; it's what we do with our experiences.

Set some time aside for solitude, reflection or meditation. Reflection deepens your spiritual relationship with yourself and helps to bring a better understanding of who you are and what you really need or want. When you remove yourself from the external controls of life's demands, you start to see yourself and your life events more clearly.

Real magic has nothing to do with blurring your vision by closing your eyes to your own life circumstances and wishing that your problems and disappointments would all just disappear. Real magic requires clear insight, participation, intention, focus, and *practice*.

Consciousness Visualization:

You could visualize that your consciousness is like looking at life through a glass jar filled with water that you carry around with you. The higher your consciousness, the purer the water you are looking through. Your spiritual essence is much like that water. It can be poured into any vessel and assume any shape, but, it still remains the same water. It's essence has not changed.

Now visualize that you are pouring dirty sand and clay soil particles into your jar of water. These represent the problems you are encountering during your daily life. Imagine that the particles are sadness, conflicts, feelings of guilt, blame, regret; all the things that bother you. Now shake the jar. What do you have?

The basic essence of the water is the same but now it is clouded, perhaps opaque with particles. Light no longer passes through it with clarity. Now when you look at the world through that jar, how much of the world do you really see?

As you carry your jar through life, the water is almost constantly agitated. Pollutants remain suspended. The more turbulent your life, the cloudier the water, the harder it is to see through. Finally, all you can see is the pollution. You can become almost blind to the world on the other side of your jar.

Sitting silently in solitude, the water begins to still. The turbulence subsides and gradually the particles begin to slow down and then sink to the bottom. At first you may notice that some of the particles appear more visible and stand out more clearly in your mind as others drift toward the bottom of your jar. Just keep looking. These too will gradually begin to slow down while drifting downward. The water begins to clear. Eventually it will settle out and the clarity will return. When you look at a world without the swirling problems and whirling currents of daily life, your clarity returns.

Spiritual connections are made by allowing yourself opportunities to become increasingly receptive to inspiration. Nurture your inner relationship and the rest will follow. Friendship with yourself is a meaningful long term dialogue, so take your time. In order to make changes in your life, you first have to accept yourself just as you are now; a work in progress. You may be incomplete, but you are developing your character along with your abilities.

Don't be afraid of looking at all of your emotions and getting to know them. Acknowledging the existence of all your feelings and energies will make it possible for you to consciously work to increase those you find desirable and diminish those that no longer serve you. Life is a learning process. Life is also a sorting process. As you grow in abilities and spirituality, it is only natural that you outgrow and let go of a few of the habits, ideas and unpleasant emotions that are a part of your present life experience.

There is another good reason for taking the time to get to know yourself. During meditation and reflective thought your ego will begin to separate from your spiritual essence. While it is possible to perform magical work while still in an ego driven state, what you ask for may produce negative karma and your results are apt to resemble more of what you already have; falling far short of what you intended.

Magic is best done from a higher state of spiritual awareness. This is where centering comes in. When you center, you stop viewing the world through the eyes of your ego identity. Centering allows you to release your daily concerns. It enables you to align a conscious awareness of your present life manifestation with a spiritual awareness of your own immortality, limitless possibility and your connections to all life energies. At this level of spiritual awareness you are able to work your magic "between the worlds". You are no longer fighting with your own energy. Once you align your magic with the goals and purposes of your higher spiritual self awareness, your success will be astounding.

Epilogue:

*Magic is a study of the Divine mechanics of creation
and our relationship with Divine Animation.*

The study of magic reminds me of the study of martial arts. People come into it for different reasons. Some come because they are called; drawn to magic by a feeling of familiarity - it just seems natural to them. Some are drawn to it by its pageant and beauty of fluid motion. Some come looking to find understanding. Others come as the result of insult or injury they have felt at the hands of others; these seek to balance the scales. Some come out of fear seeking protection for themselves or their loved ones; (to have power in what they see as a cruel and uncaring world). Some are drawn by the desire to control or intimidate (because they feel very small and powerless inside). Each brings to this study echoes of the reasons that brought them.

Once there was an eastern kingdom of very enlightened people. In this kingdom the highest ranking warrior was given the title The Master of Swords. The Master of Swords held this title for many years as he diligently practiced and improved his skill at every known form of martial arts, until the day when he had mastered every strategy and martial discipline. Then he was given a new title. The Master of Swords became The Master of Dance. I always wondered what that story was all about. When it came to me I had to laugh at myself for missing the obvious!

Once The Master of Swords had realized his full martial potential, he could penetrate any armor with just the power of his intention. He could see the weakness in every enemy. He could even control their motions at will and read their very thoughts. Life ceased to be a battle. He no longer had to *fight*. His life became a dance. The people in his life *could* no longer be opponents because they could not threaten him in any way. So, they became his dancing partners and his new life goal naturally evolved to fully master the art of dance.

Life is like that. So is magic. Until you master it, both life and magic can be a battle. Once mastered, they become a dance. We all come to magic with our own reasons. With practice and mastery we learn to dance.

I hope you have enjoyed this little book and that you will find it useful and use it wisely. Magic makes you free. Magic helps you to realize that life is always fresh. It's always newly made, assembled in your sight while you gaze. With practice, life ceases to be a struggle and becomes a dance.

I know you will love the dancing!

Joe

Author's Notes

The Circle:

Casting a circle. For thousands of years magical practitioners have cast a circle or visualized a sphere to work in. Many do both; casting the circle and visualizing it as a sphere which extends into the earth below and the air above. You can do this physically or mentally.

Physical circle casting provides a physical action which separates the energies and distractions of the world outside from the energies and intentions of the magical work being created within the circle or sphere. It creates an area of concentration allowing only the energies and intentions you desire to work with into the space and body of your magical work. When you combine a physical action with a magical action, you bond the idea with the action. Many magical

practitioners find this helps them in their work.

Circle casting is usually done in a clock wise motion, walking with your right side toward the center. Your circle can be drawn or visualized. It needs only to be wide enough for you to comfortably work within it. Once you have cast your circle, seal it by declaring it sealed.

When you cast a circle you are consecrating a place as sacred; saying that this space, this place, this work, this time, is separate from the ordinary. I am going to meditate or work magical changes from here. When your meditation or magical work is complete, remember to release the circle and the energies. Treat the circle with the same respect you give the magic you create.

The Moon in Signs:

We have covered using Moon Phases in your magical work, now let's boost your powers by adding the celestial energies of the Moon in a Signs. As the Moon travels through its cycle of Moon Phases, it is also traveling through all the Signs of the Zodiac. The energies of the Sign your transiting Moon is in while you are working your magic are available for your use in your magic, unless, the *Moon is Void of Course*.

Astrological Signs are grouped according to which of the four elements they connect with and represent. These elements are fire, earth, air, and water. Each element draws its energies from Universal Source.

- Passionate emotion drawn from universal Life Force is represented by fire.
- Thought drawn from Universal Consciousness is represented by air.
- Feeling drawn through Universal Awareness is represented by water.
- Resonance of form drawn by attunement with the Universal Creation process is represented by earth.

Like attracts like. Opposites interact. Change is created through interaction.

The following is a list of Sign energies with explanations that you can use to assist your magic while the Moon is passing through each Sign:

The Moon in Signs:

For example:

The Moon in Aries: activates a desire for self-realization and survival through action. The Moon in Aries adds directness to your approach, passion to your desires, a power boost to your intention and a fearless willingness to take on all comers. You can overcome all obstacles and assert your will and your way **now** into your magical work. Aries energies function at their powerful best when you are **acting on your first impulse**. Magical work involving assertiveness and starting new projects is supported. Meditation and inner work on maintaining focus and self confidence is highlighted.

Aries energies are used to **create future** impact. Think of magical work with Aries energies like firing a high caliber single shot rifle. This concentrated power packs a lot of punch, but it will only accomplish one thing at a time. When working with this Fire Sign, action and activity will assist your approach. Drumming, dance, any movement to raise energies and inspire initiating action. Aries is heart to head stuff; **feel it** and **will it - with no compromise of intention**. The energies come through you, so inspiration and aspiration rule the day or night. Visualize these energies as a line of your **intent** shooting **outward**.

The Moon in Taurus: activates a desire to manifest by attracting and using forms through attunement to their natural resonance. The Moon in Taurus is favored in practical manifestation and adds creativity, steadfastness and abilities to work with natural earth energies. Using vocal energies in your magical work is effective. Taurus energies function best when your magical work follows a preconceived ritual or plan. Magical work for protection, sensual experience, garden magic, acquiring material things, artistic success, self-sufficiency and growth are supported. The fixed energy of

Taurus make it difficult to undo whatever you create, so make sure that what you are asking for is something that you want to be around for a long time. Meditation and inner work to create inner peace and harmony with nature is favored.

Work with this Fixed Earth sign to create practical results around you in the **here** and now. This energy supports work to meet material needs. Taurus draws what you want in **towards** you. When you work with Taurus you should ideally work outside. Stand on the earth to do your whole ritual. Take your time and **attune** to the vast **natural life-giving energies**. Sense them raising and feel them gradually building and attracting. Work on drawing in a peaceful flow concentrated inward towards the effects you desire. Taurus energies have been given less credit than they deserve. There are other reasons why and how this powerful energy accomplishes so much.

The Moon in Gemini: activates a desire for personal growth through the examination and communication of information. The Moon in Gemini is the multitasker's dream. It adds intelligent flexibility and increased connectivity. Gemini energy assists your magical work by improving your ability to communicate clearly, perhaps even with the departed. Magical work for youthfulness, social connections and doing two or more things at once is supported. Meditation and inner work on making connections to states of higher awareness, psychic connections, mantra, affirmations and seeing more than one side of things is favored.

When you are working magic with Gemini energies, you are using the element of Air and you are working to shape the outcome of future events, opportunities and experiences. Signs and symbols work well now. Written requests and thoughts may be successfully verbalized. The use of thought forms and visualizations with this mutable Air Sign is just as real and effective as doing physical actions would be with a Fire or Earth Sign. A circle envisioned is more effective with these energies than one physically drawn. Visualize the raising and release of these energies as an upward spiral. If you have been practicing "placing thoughts" then this Gemini energy will assist your communication.

The Moon in Cancer: activates the desire to create feelings of security and belonging. The Moon in Cancer adds, protective energies and boosts emotional sensitivity, patience, intuition and creativity, in your magical work. Cancer energies are most aggressively used when

your purpose involves creating a feeling of security. Magical work for domestic matters, real estate transactions, protection, making acquisitions, creating security, money, nurturing or care-taking are supported. Meditation and inner work on intuitive abilities, loving, emotional issues regarding home and family are favored.

Work for creating change in feelings created by negative past events, especially, your feelings about those close to you. Cancer energies are associated with Water. When you use them for meditation, everything starts floating up to the surface. They are good for protection spells for yourself, your home, your family. Cancer energies can be a bit tricky. The feelings you raise are the ones you are sending out. Center before you attempt to do work because if you send out your upset, that's just what experience you will find yourself sitting in. To change your emotional picture using Cancer energies, visualize and feel the emotion of what you would like to have. That is what you shape and release your energies with. Visualize these energies as a line directed outward.

The Moon in Leo: activates a desire to embody creative self expression. The Moon in Leo adds self expressive creativity, power and confidence to your magical work. Leo energies support magical work which will allow you to be proud of what you are doing and for power and recognition. A supportive energy for successful creative and theatrical ventures. Make sure that what you are creating with Leo energy is something you don't mind the rest of the world knowing about, because it will be nearly impossible to hide....ever! Meditative and inner work on ruling yourself, getting tough with your will, risk taking and handling arrogance is beneficial.

Working with Leo energies you are **drawing** in what you want **to you**. You are working **here** and **now**. When you work with these energies you channel universal abundance and opportunity to you. Do your magic with a bit of flair and style. Be formal in your ritual. Center and feel yourself as confidently deserving of your request. Anticipate the arrival of what you magically create. Visualize a gate opening within you and the experience you desire flowing into that gate.

The Moon in Virgo: activates a desire to analyze, improve, and perfect. The Moon in Virgo adds flexibility in analytical skills, attention to detail and efficiency to your magical workings. It supports repair or healing and completion. Magical work on health issues, getting projects completed, work issues and service orientated goals is are favored. Meditative and inner work on self improvement, serving others and a constructive approach criticism is beneficial.

Working with this mutable Earth Sign energy you are acting now to bring about **changes** in your **past**. Sounds tricky. If you haven't done this before you might want to start with changes in how you or other people sense what happened. Earth Sign magic works to create change in a natural flow with growing and healing energies. View Virgo magic as helpful energies spiraling downward through you. This is a great kind of magical energy for tying up emotional loose ends in order to move on. Get in touch with your physical senses of sight, sound, touch, taste and smell. Plan your ritual or magical work beforehand.

The Moon in Libra: activates a desire to initiate balance and harmony. The Moon in Libra adds initiating energies, balancing energies, eases flows and brings harmony to your magical work. Libra energies are most effective when they are applied to creating balance and harmony; giving and receiving. Magical work on success of contracts, seeking fairness and justice (not revenge), ending discord, promoting romance and relationship are supported by Libra energies. Meditation and inner work supports discovering inner balance and a discovery of self through personal relationships. When you are doing magic with Libra energies the use of **thought form** and **visualizations** are favored. Geometric shapes and signs work well with these energies. Visualize this energy raised and released in a **line going outward**. Libra is a cardinal Air element. Work Magic **now** to create **future** opportunities, experiences and events. Libra energies work well with any effort to bring balance and harmony to the areas of life represented by your Natal House the Sign is in.

The Moon in Scorpio: activates a desire to transform through cathartic emotional experience. The Moon in Scorpio adds immovable strength, magnetic energies, intensity, power and intuitive guidance to your magical work. Scorpio energies support uncovering hidden things. Magical work for sexual connection, transformation, investments, revenge, opportunities and secrecy are supported. Meditation and inner work supports penetration to uncover truth, increase psychic ability, achieve spiritual transformation and revelations of magical mysteries.

When working with Scorpio energies, remember this is a fixed energy, drawing in what you are wanting to you and to the world you include in your visualization. Work done with fixed energies continue to concentrate over time; having great endurance. What you create now you should visualize as happening **now**.

Scorpio energies work for a **change** beginning here and **now**. Be very sure that you want this effect. Visualize this energy as a line **coming toward** you. This is a Water sign and work done with these energies can create unconscious effects in the minds of others. Scorpio puts you in touch with your unconscious desires. These energies like to be channeled as they adapt to any shape, any form, but retain their essence.

The Moon in Sagittarius: activates a desire to expand and understand through broad experience. The Moon in Sagittarius adds flexible, direct, expansive, lucky energies to your magical work. Magical work on healing with herbal cures, creating future events, opportunities for travel, expansion, promotion and all goal directed activity is supported. Meditation and inner spiritual work to grasp the larger context of things is favored. Sagittarius energies are supportive of learning and teaching.

What will the future be? **You** can **create** some **future** of your own using this mutable Fire Sign. Your inspiration fires your aspiration, so work out your own way of utilizing this upward spiral of expanding energy and let it take your desires into your tomorrow and that of humanity at large. This energy will support your personal growth

even more so if you align your goals with the betterment of all around you. Feel what's needed for the greater good and let the energies spiral up through you and out to inspire the future of your choice.

The Moon in Capricorn: activates a desire for recognition and achievement. The Moon in Capricorn adds initiating energies, practicality and organization along with productive energies to magical work. Traditional tried and tested magical work for status, success, authority and control are favored. The things you create using this Moon energy have a good chance of both manifestation and longevity. Capricorn energies assist you to focus and achieve the goals that society places a value on. Meditation and inner work on career, accomplishment and eventual success is supported.

Work with this cardinal Earth Sign energy using your most traditional form of ritual. Prepare ahead of time. Center and focus your control as you visualize these natural energies flowing outward productively reflecting your intent into the world.

The Moon In Aquarius: activates a desire to create broad change through individual self expression. The Moon in Aquarius adds the inventive energies of change to your magical workings -spontaneous breakthroughs, mentally creative ceremonies, future oriented group work is supported. If you are trying to work yourself out of a rut, then this Moon may help you create the breakthrough you are seeking. Aquarian energies assist you to help all humanity and make a better future for the world. Meditation and inner visionary work for humanitarian goals is favored.

Magical work with the energies of this fixed Air sign focuses upon the **future** by initiating the changing effects **here** and **now**. You can do whatever ritual or ceremony that seems interesting to you. Aquarius energies will work with your most unique ideas. Visualize what you want, feel it out there, perceive it coming into motion, drawing in toward you, summoned by the concentrated living energies of your intent.

The Moon in Pisces: activates a desire to transcend through a connection to a higher power and a greater good. The Moon in Pisces adds psychic , flexible, flowing, creative, compassionate energies to your magical work. This Pisces Moon assists you in your connection to all life and service to a greater good. Magical work to let go of boundaries, help others and healing, are supported. Meditation and inner work on letting go of ego, surrendering to a higher power, getting in touch with other planes of existence and psychic and intuitive awareness are favored.

When working with the energies of this mutable Water Sign, you are connecting to and will experience the depths of feelings and compassion. Pisces energies spiral downward reflected to you by the transiting Moon. Visualize these energies flowing through you. You are channeling a universal Grace. Allow it to encompass you and it will transform you as it passes healing on to those you desire to assist. You are connecting to and channeling the healing energies of a Higher Power. You can also work with Pisces energies to focus on releasing past karmic effects.

Moon in Pisces transit aspects show how karmic energies are being activated. To release karma it is necessary to bring past feelings and images into your awareness. Moon transits with Pluto and Saturn will especially bring karmic influences to the forefront and can also be used. Any challenging Moon transit involving Pisces allows meditations which can yield a deeper awareness of karmic influences.

The harder aspects usually demonstrate where negative karma is more active in your life, making your instinctive responses more rigid. Exploring this through meditations during a Pisces Moon can be extremely valuable because these energies assist you to "let go and let God" thereby allowing you an opportunity to accept a Cosmic Grace and Healing. Under this Grace it is possible to attain the insight your karmic lesson is teaching without going through the whole physical experiences. It's over when you "get it," not when you go through it.

The Moon Void of Course:

Knowing when the Moon is Void of Course will greatly assist you when you are doing *spot magic*. Spot magic is performed once and is designed to create the entire effect at once. When you are working with whole Moon phase cycles the void is not so important (except that you should avoid beginning your magical work under a void influence).

The Moon becomes "void" when it is not making any major aspects to the other planets. This period can last from only a few minutes to as long as two days. Anything *started* when the Moon is Void of Course, generally doesn't work out the way you wanted. Usually, nothing comes of it. If it's important to you, it's best to wait until later when the void of course period is over, unless you wanted it to come to nothing in the first place. The Moon void of course is a good time to schedule a meeting or begin a court case where you really don't want anything to come of it.

Void of Course magical work is largely a waste of time. Unless there is an absolute necessity for you to proceed, it is far wiser to make it a practice to always check the Moon tables and wait for the Moon to reconnect with the energies of the Sign it's traveling through. The Void of Course Moon is best utilized for prayer, yoga, meditation, sleep, (vision dreaming), or meditation. Human judgment is more fallible now. Most decision making will be later proved unrealistic.

Group work and working with Deity, Angels, Saints, and the Use of Thought Forms.

Part 1. Group Work:

There have been many experiments with the powerful effects of mass consciousness. The simplest example is when a group of individuals agree to think or project a thought, wish or feeling at a predetermined moment in time. If you have ever sat in a sports arena and felt an enormous well of feeling and emotion as it rises in a crowd, you are familiar with the energies a group can project. On a magical level group work can be employed to boost the power of the signal, expand the location of source, and project intention.

Mechanics: When you are doing group work, you are jointly raising and working with emotion, (a fire energy) which is then projected by thought, (an air energy). Once projected, your combined emotional resonance influences feelings, (a water energy) within the desired target space. These feelings create a resonance which draws or repels by attunement, (an earth energy) those within the target space, bringing your desired effect into being upon the earth plane.

One example: An emotion of love is raised and released. It is focused and placed around a target located in a specific space at an agreed upon time, by conscious thought. This creates a feeling (resonance) within the particles which make up that space. The particles begin to pick up and transfer the resonance (feelings of love) to those people within that space who are attuned to or are in near attunement to that resonance. People who are not attuned will generally drift out or away from the area around your target.

When you are working group visualizations with others there are a few things to keep in mind:

1. Know the people you are working with. Have a clear agreement and understanding of what you are going to do and when you are going to do it.
2. When it comes to group work you might find that the *simpler* the intention that the group projects, the better your result. Each group

member has his or her own idea about what is to be projected, along with a personal interpretation of what is desired. Working with a group is very much like working with a committee. The output tends to follow the median level of agreement and understanding of the group members. It might also contain a large accumulation of personal baggage; the stops, mixed feelings, and considerations of limitations held in common by the individual members. Hence, know who you are working with.

Group visualizations have the potential to create great good, but they could result in an enormous power being generated but directed with very little control or finesse. For example: desired rain might turn into a downpour which becomes a flood. It is very useful to have a simple goal and a common understanding about what is enough!

When doing group work with Moon Magic, the Sign the Moon is in during the work will flavor the mix. You are encouraged to look up the Moon in Sign information in your Moon Magic & Manifestation book for assistance in your magical approach. This helps to channel the energies and keeps group members "on or closer to the same page."

In magical work I find that one subject seems to flow into another. After all, magic itself is based upon connectivity. What a great way to introduce our next subject: Working With Deity, Angels, Saints, and the Use of Thought Forms.

Working with Deity, Angels, Saints, and the Use of Thought Forms:

Working magic with *all* of the above has something in common with group work in that you are simultaneously performing two separate actions: working with the energies you directly invite to assist you, and tapping into the created power of energies raised by everyone else who has thought about, revered, asked, implored or feared the Deity, angel, saint, or other thought form you are addressing.

I don't mean to offend. I am not questioning the existence or validity of any Deity or spiritual energy. I am touching on the following limitations of *understanding* created by our ideas of the identity in question by asking you to look at the following difference between what actually is and how it is *known* to us - how we understand it.

Before I can cover this I need to clarify a very important point. There is the thing (which is). Then, there is your idea of the thing (how it is *known* by you). There is the man (himself). Then, there is your idea of the man (his reputation - how you know him). This crucial difference plays a major role in what I am about to discuss, and in your results in dealing with people, subjects, elements, divinity, gods, goddesses, angels, demons, and spirits in magic and in day to day life.

Most people are more comfortable approaching Deity through aspects such as gods, goddesses, angels, saints. Whatever you use you are tapping into thought forms. You can greatly simplify your efforts by always assuming that you are working with your current idea and understanding of _____, (subject, element, divinity, spirit, etc.) rather than the true entirety of that being, place or thing.

That said, when you call upon a saint, (for example) you are calling upon the actual spiritual resonance of the original person, along with the combined resonance applied to that saint by the minds all those who have ever conceived and called upon that saint. You are working with the original energies and the energies of their reputation. This gives increased power whenever you call upon or request the same request others have made. So it is with God, Goddess, angels, etc. It becomes part your work, and part group work.

Working with an angel is very much like working with an expression of pure thought. An angel is the essence and at times the physical embodiment of a higher resonance of a spiritual principle. When we call upon a angel, we are touching upon and requesting the protection or assistance of that corresponding element of the Divine. Any spiritual resonance reacts to, relates to us. and performs according to our understanding. We get pretty much what we expect.

There is quite a difference when you choose to work magic yourself using your individual connection to physical or spiritual energies and when you choose to work magic asking or directing the assistance of others. When you do it yourself, you don't require agreement. When you request assistance, your approach is crucial. It determines your karmic resonance in terms of growth or obligation.

It has been said that you *request* the assistance of angels and *summon* the assistance of demons. When you summon a demon you are bargaining for or demanding the protection of, or, assistance from a lower spiritual resonance. Every resonance you invite is capable of affecting you. Remember that the influence you work with becomes fixed in your resonance. Always, always work with the highest possible resonance when solving any need. Every challenge is also a learning experience. If you learn the lesson while solving the problem, you won't have to face that same problem again. Reach *upward* for growth. If you find yourself having to bargain for help, seek assistance elsewhere.

Concordance is always preferred to compulsion. A great rule of thumb is to never compel *any* living thing to do anything which is outside of it's natural resonance or against its own interest. Life will go smoother and so will your magic.

A last thought: growth is what this whole lesson is about. The phrase "Do it for me," denies your power, stunts your growth and blunts your understanding and mastery of the lesson. "Teach me to"... "Show me how I can"... "assist me to understand"... are far better choices.

You can obtain Free Personal Void-of-Course Moon tables by contacting Visionary Counseling 1-512-864-0892 or contacting [Visionary for Creative Change](#)